

dr. melissa

SUCCESS COACH & SPEAKER

about me

Dr. Melissa CSAC, MAC, (also known as **The Purpose Profitess**), is a counselor/therapist turned Success coach. As the founder and CEO of a thriving behavioral health agency serving individuals with a wide variety of mental and emotional challenges in multiple locations throughout Virginia, Melissa is passionate about helping people navigate through some of life's most difficult and challenging circumstances in order to emerge and become who they are destined and purposed to become.

As a life & business coach, Melissa works with women who find themselves at a crossroads in life. There are life transitions points during which a woman might benefit from a greater sense of self and empowerment. Melissa works hand-in-hand with each client to define and achieve her own personal goals and dreams.

Melissa's extensive 25+ year clinicial background has established her as a leading expert in helping women to: find their voice, set goals and achieve them, develop confidence and solution-centered plans, to unlock the next chapters of their lives in fulfilling ways that bring happiness, increased self-esteem and insight into how life can be lived to the fullest everyday.

After experiencing a traumatic transition in her own life after a 31 year marriage, she understands the mindset of women who find themselves grappling with a new normal, a new identity, and trying to determine if its possible to attain the hopes and dreams that they silently locked away in order to meet the demands and expectations of others.

Keynote Speaker

Authentic. Hilarious.
Captivating. Practical.
Inspiring. Life-Changing.
Transparent.



Melissa has a COMMANDING stage presence and she CAPTIVATES her audience with INSPIRATIONAL, PRACTICAL information, and a healthy dose of WIT & HUMOR. Melissa has the ability to TRANSFORM your event into an UNFORGETTABLE experience. Your audience will be blown away by the value and tangible action steps she provides for them. She is able to custom-tailor a high-energy presentation to fit your needs.

Success Coach

ONE-ON-ONE COACHING

GROUP COACHING

BUSINESS COACHING



Melissa works with women who find themselves at a crossroads in life.

- Leaving the workforce.
- Returning to the workforce.
- Changing professional goals.
- Getting married.
- Getting divorced.
- Finding oneself in mid-life.
- Leadership goals.
- Assertiveness in the work place.

These are all life transitions points during which a woman might benefit from a greater sense of self and empowerment. Melissa works hand-in-hand with each client to define and achieve her own personal goals and dreams.

Interviewing Dr. Melissa

For Media Opportunities

Melissa has been featured across media channels, interviews, and news articles. She is a thought leader in the industry and loves CONNECTING & EDUCATING on current issues.

Topics:

- ► Turning Pain into Purpose
- Discovering Your Calling
- ➤ Breaking Wealth Rejection
- ▶ Drug Addiction & Recovery
- ► Entrepreneurship
- ► Dealing with Rejection: Life after Divorce





